



BEDFORD COUNTY

Community Resource Directory

Behavioral Health Services



Bedford County Community Resources Directory

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Bedford County Community Resources Directory

Alcoholics Anonymous (North Piedmont Central Office) – Substance Abuse

Address: 212 East Main Street, Bedford, VA 24121

Main: (434)847-4733

Web site: www.aacentralva.org

Intake Contact: Volunteer

Intake Phone: 434 847-4733

Where Service Is Provided On site

What Do They Do?

Maintain sobriety and assist others in recovering from alcoholism. Fellowship to men and women who share experiences, strength and hope in achieving a common goal.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

Other Eligibility Requirements: Relative or friend of an alcoholic

How Much Does It Cost: No Fee

Hours of operation: Thursday 8:00 AM – 10:00 PM

Accessing Services:

- Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

American Red Cross Historic Chapter – Emergency Services

Address: 1007 Sheffield Drive, Lynchburg, VA 24502

Phone: (434) 845-1234

Fax: (434) 845-5160

Toll Free: (800) 625-6680

Web site: www.redcross.org/local/va

Intake Contact: Beverly Gaydas, Disaster Services Manager

Intake Phone: (434) 845-1234

Intake Email: beverly.gaydas@redcross.org

Where Service is Provided: On-Site

What Do They Do?

Relief to victims of disaster that need emergency food, clothing, and shelter. This program provides temporary basic housing and shelter on an emergency basis to prevent homelessness for individuals and families in crisis. Housing includes referrals and information and location term living arrangements for people who require a moderate-extensive amount of support to maintain independent living conditions.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair; Call for Information

Service Area (Counties): Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

Other Eligibility Requirements: Call for Information

How Much Does It Cost?

- No Fee
- Call for Information

Hours of Operation: Everyday; 24 hours, 7 days a week

Accessing Services:

- Call for Information
- Service Provider can refer directly
- Consumer can self-refer

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

ARC of the Greater Roanoke Valley

Address: P.O. Box 13382, Roanoke, VA 24033

Phone: (540) 520-1880

Website: <http://www.arcgrv.org/>

Intake Contact: Linda Caldwell

Intake Phone: 540 344-9793

Intake Email: lcaldwell@rcps.info

Where Service Is Provided: On site, Telephone

What Do They Do?

A local advocacy organization working to create a Life Like yours, for people who have intellectual and related developmental disabilities. Members are people with disabilities, their families, professionals, and community advocates. Advocate for the rights and full participation of all children and adults with intellectual and developmental disabilities. Improves systems of supports and services, connects families, inspires communities, and influences public policy.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair, Caregivers, Developmentally Disabled

Service Area (Counties) Bedford City, Bedford County, Botetourt County, Craig County, Floyd County, Franklin County, Lynchburg City, Montgomery County, Roanoke City, Roanoke County, Salem City

Other Eligibility Requirements People with intellectual disabilities, professionals working with people with intellectual disabilities, and caregivers.

How Much Does It Cost? Call for Information

Hours of Operation: Call for Information

Accessing Services:

- Call for more information
 - Expect to be contacted within 2-3 days
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Astride with Pride, Inc. – Counseling/Therapeutic Riding

Address: 1913 Bell Town Road, Bedford, VA 24523

Main: (540)587-0668

Web site: www.astridewithpride.org

Intake Contact: Executive Director/Head Instructor Stormie Sheldon-Hazen

Intake Phone: 540 587-0668

Intake Email: astridewithpride@aol.com

Where Service Is Provided: On site

What Do They Do?

Non-profit center for everyone with disabilities with a focus on special needs through horseback riding. Volunteer based program.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

Other Eligibility Requirements Must have disability

How Much Does It Cost? Call for Information

- **Fixed Fee:** \$20.00 per unit
 - **Some Scholarship(s) Available:** Call for details
 - **Veterans Administration:** Yes
-

Hours of Operation: Call for Information (Hours and days vary)

Accessing Services:

- Call for information
 - Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford Community Health Center – A division of Johnson Health Center

Address: 582 Blue Ridge Ave., Bedford VA 24523

Main: (540) 425-7910

Web site: www.jhcvirginia.org

Intake Contact: Josey Hull, LPC

Intake Phone: (540) 425-7910

Intake Email:

Where Service Is Provided: On site

What Do They Do?

Behavioral health services including counseling and medication management. Patients needing medication management will see a psychiatric provider at the Lynchburg office. Telepsychiatry available in the near future in the Bedford office, hours to be determined.

Who Do They Serve?

Age range: adult and pediatric patients

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements

How Much Does It Cost? All insurances accepted. Reduced rate available for uninsured.

Hours of Operation: Monday – Friday, 8:00am – 5:00pm.

Accessing Services:

- Patients are referred by their medical provider
 - Services provided is based on level of need of the individual
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford County City Commonwealth Attorney – Crime Victim/Witness

Address: 123 East Main Street, Suite 302, Bedford, VA 24523

Main: (540)586-7628 Ext. 3254

Fax: (540)586-2483

Web site: www.co.bedford.va.us/index.asp

Intake Contact: Commonwealth Attorney

Intake Phone: 540 586-7628

Where Service Is Provided: On site

Service Categories: Crime Victims, Support Group-Crime

What Do They Do?

Located within the Office of the Commonwealth's Attorney, the Program provides services to crime victims and witnesses in Bedford City/County in accordance with the Virginia Crime Victim and Witness Rights Act. Advocates work toward reducing the confusion, fear and anxiety that crime victims and witnesses have regarding the criminal justice system. Helps ensure that victims of crimes receive fair and compassionate treatment while participating in the criminal justice program.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Victims and witnesses of crime that occur in Bedford City/County.

How Much Does It Cost: No Fee

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services:

- Victims and witnesses should contact the Office and ask to speak to an advocate
 - Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Does Site have an Elevator? Yes

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford County Social Services – Adult Protective Services

Address: 119 East Main Street, Bedford, VA 24523

Phone: (540) 586-7750

Fax: (540) 586-7785

Web site: www.co.bedford.va.us

Intake Contact: Social Work Supervisor Robin Zimmerman

Intake Phone: (540) 586-7750

Where Service is Provided: On site

What Do They Do?

The identification, receipt, and investigation of complaints and reports of adult abuse, neglect, exploitation, or self-neglect of incapacitated persons 18 years of age and older and persons 60 years of age and older, Medicaid screenings for placement & waiver services; companion provider program; non-agency adoption; court ordered custody services.

Who Do They Serve?

Age range: 18 years of age and older and persons 60 years of age and older

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Must be a resident of Bedford County or City

How Much Does It Cost? Call for Information

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services:

- Unrestricted
- Telephone
- Referral accepted
- Walk-ins accepted
- Self-referral accepted
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly.

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford County Social Services – Case/Care Management

Address: 119 East Main Street, Bedford, VA 24523

Phone: (540) 586-7750

Fax: (540) 586-7785

Web site: www.co.bedford.va.us

Intake Contact: Social Work Supervisor Robin Zimmerman

Intake Phone: 540 586-7750

Where Service is Provided: On site

What Do They Do?

The identification, receipt, and investigation of complaints and reports of adult abuse, neglect, exploitation, or self-neglect of incapacitated persons 18 years of age and older and persons 60 years of age and older, Medicaid screenings for placement & waiver services; companion provider program; non-agency adoption; court ordered custody services.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Must be a resident of Bedford County or City

How Much Does It Cost? Call for Information

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services:

- Unrestricted
- Telephone
- Referral accepted
- Walk-ins accepted
- Self-referral accepted
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly.

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford County Social Services – Child Protective Services/DSS

Address: 119 East Main Street, Bedford, VA 24523

Phone: (540)586-7750

Fax: (540)586-7785

Web site: <http://www.co.bedford.va.us>

Intake Contact: Denise Kennedy

Intake Phone: 540 586-7750 Ext. 2266

Intake Email: Denise.Kennedy@dss.virginia.gov

Where Service is Provided: On site

What Do They Do?

Receives and investigates complaints of child abuse/neglect to determine if the act occurred and the amount of risk to the child involved. Removal or placement of children through the legal process may be necessary for the child's protection. Coordinators also provide counseling and ongoing supportive services to families with substantiated cases of child abuse/neglect. In addition, they promote community awareness and education of child abuse/neglect.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English, Spanish

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Must be a resident of Bedford County or City

How Much Does It Cost? No Fee

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services:

- Unrestricted
- Telephone
- Referral accepted
- Walk-ins accepted
- Self-referral accepted
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford County Social Services – Foster Care

Address: 119 East Main Street, Bedford, VA 24523

Phone: (540) 586-7750

Fax: (540) 586-7785

Web site: www.co.bedford.va.us

Intake Contact: Social Work Supervisor Kathy McElroy

Intake Phone: (540) 586-7750

Where Service is Provided: On site

What Do They Do?

Foster care is the provision of substitute family living for children (under age 21) on a 24-hour basis. Foster care is provided only after all reasonable efforts have been made to maintain the child's family unit.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Must be a resident of Bedford County or City

How Much Does It Cost? Call for Information (Sliding Scale)

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services:

- Unrestricted
- Telephone
- Application form required
- Walk-ins accepted
- Self-referral accepted
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly.

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford County Social Services – Service Intake

Address: 119 East Main Street, Bedford, VA 24523

Phone: (540) 586-7750 Ext. 2266

Fax: (540) 586-7785

Web site: <http://www.co.bedford.va.us/Res/Social/>

Intake Contact: Denise Kennedy

Intake Phone: 540 586-7750 Ext. 2266

Intake Email: Denise.Kennedy@dss.virginia.gov

Where Service is Provided: On site

What Do They Do?

Assess customers' needs for services in community plus the ones social services can provide. These include: Information and Referral, emergency needs, family preservation, child protective services, adult protective services, and adult services.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English, Spanish

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Must be a resident of Bedford County or City

How Much Does It Cost? No Fee

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services:

- Unrestricted (Specific documents required)
- Telephone
- Referral accepted
- Walk-ins accepted
- Self-referral accepted
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford Domestic Violence Services – Court Advocacy

Address: P.O. Box 783, Bedford, VA 24523

Phone: (540) 587-0995

Fax: (540) 586-1687

Web site: www.co.bedford.va.us

Intake Contact: Director L. Leanne Dudley

Intake Phone: (540) 587-0970

Intake Email: Ldudley@bedfordcountyva.gov

Where Service is Provided: On Site

What Do They Do?

Domestic Violence Social Worker will accompany victims of domestic abuse to request a protective order in Bedford Court System. The domestic violence social worker will provide referrals to attorneys, prepare victims for their experience in the courtroom and assist victims in preparing a personalized safety plan.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements: Victims of Domestic Violence

How Much Does It Cost? No Fee

Hours of Operation: Every day; 24 hours, 7 days a week

Accessing Services:

- Telephone
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford Domestic Violence Services – Emergency Shelter

Address: P.O. Box 783; Bedford, VA 24523

Phone: (540) 587-0970

Fax: (540) 586-1687

Alternate: (540) 587-0995

Web site: www.co.bedford.va.us

Intake Contact: Director L. Leanne Dudley

Intake Phone: (540) 587-0970

Intake Email: Ldudley@bedfordcountyva.gov

Where Service is Provided: On Site

What Do They Do?

Crisis intervention, safety planning, information and referrals, immediate safe shelter for victims of domestic violence. Confidential counseling, support and advocacy, legal advocacy and court accompaniment. Emergency cell phones distributed. Safe shelter for pets (of clients) while client is in shelter. Will house single parent with children over 10 together.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements:

- Victims of domestic violence and their children
- Resident of Bedford City or Bedford County given priority.

How Much Does It Cost? No Fee

Hours of Operation: Every day; 24 hours, 7 days a week

Accessing Services:

- Telephone
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bedford Domestic Violence Services - Hotline

Address: P.O. Box 783, Bedford, VA 24523

Phone: (540) 587-0970

Fax: (540) 586-1687

Alternate: (540) 587-0995

Web site: www.co.bedford.va.us

Intake Contact: Director

Intake Phone: (540) 587-0970

Where Service is Provided: On Site

What Do They Do?

Free confidential 24-hour access to safety, information and referral, crisis intervention, and advocacy to support individual decisions. Advocacy, hotline and shelter for victims of domestic violence (physical and verbal). Arrangement to shelter pets can be made at this location, and emergency cell phones are available.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements: Victims of Domestic Violence

How Much Does It Cost? No Fee

Hours of Operation: Every day; 24 hours, 7 days a week

Accessing Services:

- Telephone
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Bryant Counseling, Inc.

Address: 800 Blue Ridge Ave. Ste A

Phone: (540) 587-5852

Fax: (540) 587-5853

Web site: www.bryantcounselingandassociates.com

Contact: Patricia R. Bryant, RN, CS, LCSW / Richard W. Oliver, M.D. / Judith Blair, LCSW, ACSW

Where Service is Provided: On Site

What Do They Do?

Outpatient Therapy for the following:

- Stress
- Life stage adjustments
- Depression
- Grief
- Loss
- Eating disorders
- Panic anxiety
- Attention deficit disorder
- Adjustment to health problems
- Disabilities
- Self-esteem issues

Who Do They Serve? Individuals seeking outpatient therapy for the above areas

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair, Call for information

Service Area (Counties) Bedford City, Bedford County, Campbell County, Lynchburg City

Other Eligibility Requirements: Call for information

Payment options: Call for information

Hours of Operation: Call for information

Accessing Services:

- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

CASA of Central Virginia – Advocacy/Child Protective Services

Address: 123 East Main Street, Bedford, VA 24523 (Satellite Office)

Phone: (540) 586-4932

Fax: (540) 586-9315

Web site: www.cvcasa.org

Intake Contact: Executive Director Allison Stronza

Intake Phone: (434) 485-7260

Intake Email: allison@cvcasa.org

Where Service is Provided: Doesn't provide onsite services

What Do They Do?

To comprehensively train and supervise community volunteers to advocate for children who are subjects of judicial proceedings involving allegations of abuse, neglect, in need of services, or for whom the judge determines such services are appropriate. (CASA.... Court Appointed Special Advocate)

Who Do They Serve?

Age range: Serving ages 18 & under

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements:

- Children served are 0-18 years of age
- Advocate must be appointed by the court.

How Much Does It Cost? No Fee

Hours of Operation: Monday – Friday 9:00 AM – 5:00 PM

Accessing Services:

- Resident of 24th Judicial District
- Volunteers must be 21 or over and complete application process and training program
- Documents Required: Advocate must be ordered by the court
- Expect to be contacted within 24 hours
- Consumer cannot self-refer
- Service provider can refer directly.

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

CASA of Central Virginia – Advocacy/Child Protective Services

Address: 901 Church Street, Suite 101, Lynchburg, VA 24501

Phone: (434) 485-7260

Fax: (434) 528-2551

Web site: www.cvcasa.org

Intake Contact: Allison Stronza, Executive Director

Intake Phone: (434) 485-7260

Intake Email: allison@cvcasa.org

Where Service is Provided: Onsite

What Do They Do?

To comprehensively train and supervise community volunteers to advocate for children who are subjects of judicial proceedings involving allegations of abuse, neglect, in need of services, or for whom the judge determines such services are appropriate. (CASA.... Court Appointed Special Advocate)

Who Do They Serve?

Age range: Serving ages 18 & under

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties): Amherst County, Bedford City, Bedford County, Campbell County, Lynchburg City, Nelson County

Other Eligibility Requirements:

- Children served are 0-18 years of age
- Advocate must be appointed by the court.

How Much Does It Cost? No Fee

Hours of Operation: Monday – Friday 9:00 AM – 5:00 PM

Accessing Services:

- Resident of 24th Judicial District
- Volunteers must be 21 or over and complete application process and training program
- Documents Required: Advocate must be ordered by the court
- Expect to be contacted within 24 hours
- Consumer cannot self-refer
- Service provider can refer directly.

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Centra Bedford Memorial Hospital – Crisis Intervention

Address: 1613 Oakwood Street, Bedford, VA 24523

Phone: (800)947-5442

Fax: (540)586-4342

Alternate: (434)200-4444

Web site: <http://mentalhealth.centrahealth.com/services/emergency-services>

Intake Contact: RN, Director Carline Budd

Intake Phone: 540 587-3250

Where Service is Provided: On Site

What Do They Do?

Consultation, evaluation and emergency intervention for persons in a life threatening mental health crisis. Mental health consultants evaluate patients referred for consultation by the emergency department physician at LGH. Offers evaluation and assessment services for persons with emergency psychiatric or chemical dependency disorders.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

How Much Does It Cost? Call for Information.

Hours of Operation: Every day; 24 hours, 7 days a week

Accessing Services:

- CVCS provides mental health evaluation, ER does medical services.
 - Telephone – Call the office for more information.
 - Expect to be contacted within 24 hours
 - Consumer can self-refer.
 - Service provider can refer directly.
-

Does Site have an Elevator? Yes

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Centra Bedford Memorial Hospital – Counseling – Death/Grief/Support Group

Address: 1621 Whitfield Drive, Bedford, VA 24523

Main: (540)587-6592

Fax: (540)586-0468

Web site: www.bmhva.com

Intake Contact: Manager Linda Brown

Intake Phone: 540 587-6592

Where Service Is Provided: On site

What Do They Do?

Provides symptom and pain management for terminally ill patients and support for their families. Offers an organized approach to care during the last phase of life. Focuses on the entire family and care extends through the bereavement period. Bereavement Care, Camp Treehouse Grief for Children, Pre-Hospice Bridge Program.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Patients and families requiring hospice services. Patient must meet National Adm. Standards. Hospice will screen for free.

How Much Does It Cost? Call for Information

Accepted Payment:

Medicaid: Yes **Medicare:** Yes

Hours of operation: Monday – Friday 8:00 AM – 4:30 PM

Accessing Services

- Telephone referral accepted
 - Referral by primary care physician required
 - RN comes w/in 24 hours to evaluate & screen
 - Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Centra Bedford Memorial Hospital – Hospice Care

Address: 1621 Whitfield Drive, Bedford, VA 24523

Main: (540)587-6592

Fax: (540)586-0468

Web site: www.bmhva.com

Intake Contact: Manager Linda Brown

Intake Phone: 540 587-6592

Where Service Is Provided: On site

What Do They Do?

Provides symptom and pain management for terminally ill patients and support for their families. Offers an organized approach to care during the last phase of life. Focuses on the entire family and care extends through the bereavement period. Bereavement Care, Camp Treehouse Grief for Children, Pre-Hospice Bridge Program.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Patients and families requiring hospice services. Patient must meet National Adm. Standards. Hospice will screen for free.

How Much Does It Cost? Call for Information

Accepted Payment:

Medicaid: Yes **Medicare:** Yes

Hours of operation: Monday – Friday 8:00 AM – 4:30 PM

Accessing Services

- Telephone referral accepted
 - Referral by primary care physician required
 - RN comes w/in 24 hours to evaluate & screen
 - Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Centra Health – Emergency Mental Health Consultation/Crisis Intervention

Address: 1901 Tate Springs Road, Lynchburg, VA 24501

Phone: (434) 200-3033

Fax: (434) 200-3148

Web site: www.centrahealth.com

Intake Contact: Miranda Bright, Director

Intake Phone: (434) 200-3033

Intake Email: miranda.bright@centrahealth.com

Where Service is Provided: On-Site

What Do They Do?

Consultation, evaluation and emergency intervention for persons in a life threatening mental health crisis. Mental health consultants evaluate patients referred for consultation by the emergency department physician at LGH. Offers evaluation and assessment services for persons with emergency psychiatric or chemical dependency disorders.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Call for Information

Service Area (Counties): Statewide

Other Eligibility Requirements: Call for Information

How Much Does It Cost?

- Call for Information

Accepted Payment

- Private Insurance: Yes
- Medicaid: Yes
- Medicare: Yes

Hours of Operation: Everyday; 24 hours, 7 days a week

Accessing Services:

- Walk-Ins accepted
- Expect to be contacted within 24 hours
- Consumer can self-refer

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Central Virginia Alliance for Community Living - Transportation

Address: PO Box 688, Bedford, VA 24523

Main: (540)587-3315 **Fax:** (540)587-3316

Web site: www.cvaaa.com

Intake Contact: Transportation Director, Ken Young

Intake Phone: 434 385-9070

Intake Email: cvaaa@cvcl.com

Where Service Is Provided: Consumer's Home

What Do They Do?

Transportation services is dedicated to improving the quality of life for Bedford citizens by providing better access to non-emergency medical services. Residents of communities served may be eligible for Bedford Ride non-emergency medical transportation if they have no other practical means of transportation available and if they are disabled, elderly, or low-income. (Communities served include most of Bedford County, specifically: Forest, Bedford City, Big Island, Moneta/Huddleston, Chamblissburg/Stewartsville/Goodview, Montvale, Thaxton/Taylor Mountain and Goode.) Transportation may also be available for grocery shopping depending on the availability of volunteer drivers and weather conditions. Approved clients must make ride requests a minimum of two days in advance. Appointments should be scheduled between 8:30 am and 3:00 pm. Passengers receiving transportation may be asked to pay a fee depending on their income less paid medical expenses. Donations are encouraged to help cover a portion of our operating costs.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

Other Eligibility Requirements Disabled, elderly, low income: have no other practical mean of transportation.

How Much Does It Cost: Call for Information. Small fee based on distance traveled & passenger's ability to pay.

Hours of operation: Monday – Friday 8:30 AM – 4:30 PM

Accessing Services:

- Call office for arrangement of transportation
 - Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Commonwealth Autism

Address: 403 Otey St., Bedford, VA 24523

Phone: (804) 355-0300

Web site: www.autismva.org

Intake Contact: Support Services Specialist Brooke Castro

Intake Phone: (540) 355-0300

Intake Email: bcastro@autismva.org

Where Service is Provided: On Site

What Do They Do?

Services provided are information & referral, consultative services for individuals with autism, workshops for family members and professionals, training for professionals in evidence-based strategies, Action Groups, and coordination of effective statewide services.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair, Developmentally Disabled

Service Area (Counties): Statewide

Other Eligibility Requirements: Anyone interested in issues related to Autism Spectrum Disorders.

How Much Does It Cost? No Fee; Call for Information

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services:

- Telephone – contact the office
- Expect to be contacted within 24 hours

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Compass Marriage & Relationship Services

Address: 21129 Timberlake Rd., Lynchburg, VA 24502

Phone: (434) 455-2117

Cell: (434) 851-4884

Web site: www.marriagealliance.org

Intake Contact: Lawrence M. Compter, Executive Director

Intake Phone: (434) 455-2117

Intake Email: info@betterlove.org

Where Service is Provided: On-Site

What Do They Do?

We are an independent, nonprofit organization that provides (among other things) premarital preparation for couples considering marriage. The process includes a relationship assessment and up to eight (8) follow-up sessions with a trained facilitator. This is a thorough process that can reduce the chances of future marital distress or divorce by 30%. Topics covered include finances, sex, children & parenting, family & friends, personal style & habits, role expectations, communication, conflict resolution, problem-solving and much more.

Who Do They Serve?

Age range: Serving ages 16 and above

Languages the staff speaks: English

Program is able to accommodate: Wheelchair, Physically Impaired, Visually Impaired

Service Area (Counties): Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

Other Eligibility Requirements: Open to couples who are seriously dating, engaged, or newlyweds.

How Much Does It Cost?

- Call for Information

Hours of Operation: Monday – Friday 9:00 AM – 5:00 PM

Accessing Services:

- Phone Intake
- Varies depending on need
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Couples & Kids – Counseling – Healthy Anger

Address: 2316 Altherholt Road, Suite 206, Lynchburg, VA 24501

Phone: (434) 316-9339

Fax: (434) 316-7025

Web site: couplesandkids.com

Intake Contact: Norma S. White, Director

Intake Phone: (434) 316-9339

Intake Email: norma.white@couplesandkids.com

Where Service is Provided: On-Site

What Do They Do?

A Counseling Center for individuals, couples, and families experiencing difficulties in their lives. Couples & Kids. has a simple but profound mission statement "making a difference in the lives of families, one by one." Parenting education, divorce education and drug and alcohol education. Other Programs currently offered: Co-Parenting from Two Homes - 4 hour court mandated program Healthy Anger - 6 sessions; Parent Education - 6 sessions and 13 week sessions with parents and children; Healthy Step-Parenting; Healthy Driving Strategies Before You Hit/Healthy Relationships - 6 sessions; Drug and Alcohol Education - 6 sessions; Pre-Marital; Counseling Children of Incarcerated Parents; Children of Divorce; Play Therapy.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair; Call for Information

Service Area (Counties): Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

Other Eligibility Requirements: Call for Information

How Much Does It Cost?

- Call for Information

Hours of Operation: Monday – Thursday 9:00 AM – 7:00 PM

Accessing Services:

- Call for Information
- Client can call office to pre-register
- Service Provider can refer directly
- Consumer can self-refer

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Couples & Kids – Counseling Family/Marriage/Parenting

Address: 110 Vista Centre Drive, Forest, VA 24551

Phone: (434) 316-9339

Fax: (434) 485-8813

Web site: couplesandkids.com

Intake Contact: Norma S. White, Director

Intake Phone: (434) 316-9339

Intake Email: norma.white@couplesandkids.com

Where Service is Provided: On-Site

What Do They Do?

A Counseling Center for individuals, couples, and families experiencing difficulties in their lives. Couples & Kids. has a simple but profound mission statement "making a difference in the lives of families, one by one." Parenting education, divorce education and drug and alcohol education.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair; Call for Information

Service Area (Counties): Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

Other Eligibility Requirements: Call for Information

How Much Does It Cost?

- Call for Information

Hours of Operation:

- Monday – Friday 9:00 AM – 7:00 PM
- Saturday 11:00 AM – 3:00 PM

Accessing Services:

- Call for Information
- Call for appointment for Intake
- Expect to be contacted within 24 hours
- Service Provider can refer directly
- Consumer can self-refer

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Greater Roanoke Valley Autism Action Group

Address: 403 Otey St., Bedford, VA 24523

Phone: (540) 587-8990 Ext. 105 **Fax:** (540)587-0664

Web site: www.autismva.org

Intake Contact: Heather Overstreet

Intake Phone: (540) 587-8990

Where Service is Provided: On Site

What Do They Do?

Identifies areas of need for individuals with Autism Spectrum Disorders and their families, and to develop strategies to meet those needs. Offers resources in all areas of need across the lifespan, by colleagues in the field of autism and related disorders.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair

Service Area (Counties) Botetourt County, Craig County, Franklin County, Roanoke City, Roanoke County, Salem City, Virginia

Other Eligibility Requirements: Anyone interested in issues related to Autism Spectrum Disorders.

How Much Does It Cost? No Fee

Hours of Operation: Call for Information

Accessing Services:

- Telephone – contact the office
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Horizon Behavioral Health

Address: 1409 Ole Dominion Boulevard, Bedford, VA 24523

Phone: (540) 586-5429

Fax: (540) 586-1481

Web site: www.horizonbh.org

Intake Contact: Program Manager B Elisabeth Pleszkoch

Intake Phone: (540) 586-5429

Where Service is Provided: On Site

What Do They Do?

Adult and Family Services; Child and Family Services provides psychotherapy (individual and group), psychiatric evaluations, aftercare (supportive counseling), education services, consultation and education, case management services, and emergency services which include. Supportive services include case management services. Substance Abuse services are also provided.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

Other Eligibility Requirements Must be a resident of Bedford County or City

How Much Does It Cost? Call for Information

Accepted Payment:

Medicaid: Yes

Medicare: Yes

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services:

- Self-Referral accepted
- Appointment required
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly.

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Humankind – Child Abuse Prevention – Advocacy

Address: 150 Linden Avenue, Lynchburg, VA 24503

Phone: (434) 384-3131

Fax: (434) 384-6148

Website: www.humankind.org

Intake Contact: Parenting Class Coordinator Nadine Dunton

Intake Phone: 434 485-8133

Intake Email: PCN@humankind.org

Where Service Is Provided On site

What Do They Do?

To break the cycle of child abuse and neglect by providing education, advocacy and services that respond to client and community needs. Provides free 6-12 week parenting classes as funding allows.

Who Do They Serve?

Age range:

Languages the staff speaks: English

Program is able to accommodate: Wheelchair

Service Area (Counties) Amherst County, Appomattox County, Bedford City, Bedford County, Campbell County, Lynchburg City

How Much Does It Cost? Call for Information (Free as funding allows)

Hours of Operation: Monday – Friday 8:30 AM – 5:00 PM

Accessing Services

- Phone
 - Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Janie Mantooth, LCSW (Complete Counseling Services)

Address: 155 W Main St., Bedford VA 24523

Phone: (540) 586-8146

Fax:

Contact: Janie Mantooth

Where Service Is Provided On site

What Do They Do?

Outpatient Therapy for the following:

Academic Problems, ADD & ADHD, Adolescent Counseling, Adult Aftercare, Adult Counseling, AIDS Counseling, Alternative Lifestyles Counseling, Anger Management, Anxiety, Art & Play Therapy, Assessments, Aviation Crisis Management, Behavior Modification, Behavioral Counseling, Biofeedback, Blended Families, Budget Conflicts, Cancer Counseling, Career Counseling, Child Counseling, Child Custody, Co-dependency Programs, Cognitive Therapy, Communication Skills, Coping Strategies, Counseling, Couples Therapy, Crisis Counseling, Depression, Diagnostic Testing, Disability Counseling, Divorce Counseling, Divorce Mediation, Domestic Violence, Dual Diagnosis Programs, Eating Disorders, Employee Assistance Programs, Family Counseling, Gender Identity Counseling, Grief Counseling, Group Therapy, Holistic Approaches, Incest Counseling, Individual Counseling, , Marital Conflict, Mid-Life Concerns, Paranoia Counseling, Parenting Issues Counseling, Post Trauma Responders, Premarital Counseling, Psychotherapy, Religious Counseling, Self-Esteem & Confidence, Sexual Abuse, Sexuality Problems, Smoking Cessation Programs, Spiritual Counseling, Substance Abuse Groups, Weight Management, Women's Issues

Who Do They Serve? Individuals seeking outpatient therapy in the above areas

Age range: call for information

Languages the staff speaks: English

Program is able to accommodate: Wheelchair, call for information

Service Area (Counties) Bedford City, Bedford County, Campbell County, Lynchburg City

Payment options: Call for Information

Hours of Operation: 24 Hours a day, 7 days a week

Accessing Services

- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Lutheran Family Services of Virginia – Crisis Intervention/Prevention

Address: 1029 G Turnpike Road, Bedford, VA 24523-1818

Phone: (540) 586-3623

Fax: (540) 586-6303

Toll Free: (800) 359-3834

Web site: www.lfsva.org

Intake Contact: Manager Amanda Collins

Intake Phone: (540) 586-3623

Intake Email: acollins@lfsva.org

Where Service is Provided: Consumer's Home

What Do They Do?

Offers a variety of services to families interested in pursuing adoption. A state licensed agency. Treatment Foster Care program provides care for children of all ages, races and cultures. Children are placed with trained foster parents in their community, attend public school in their communities, participate in community functions and live as family members where they learn to trust and develop familial bonds. Young people are given hope and the chance to heal, with the goal for them to reach their fullest potential.

Who Do They Serve?

Age range: Serving ages 22 and under

Languages the staff speaks: English

Program is able to accommodate: Wheelchair, Behaviorally Impaired

Service Area (Counties) Bedford City, Bedford County, Botetourt County, Campbell County, Franklin County, Lynchburg City, Richmond County, Roanoke City

Other Eligibility Requirements: Guardian Permission

How Much Does It Cost?

- Call for Information
- None for client
- Fees vary according to the service rendered.

Hours of Operation: Hours vary-dependending on client needs.

Accessing Services

- Call the office for more information
- Expect to be contacted within 24 hours.

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Lutheran Family Services of Virginia – Day Support/Mental Health-Outpatient

Address: 3763 Peaks Road, Bedford, VA 24523

Phone: (540) 587-0500 Ext. 5005

Fax: (540) 587-0551

Web site: www.lfsva.org

Intake Contact: Louise Welch, Manager-Day Support

Intake Phone: (540) 587- 0500 Ext. 5005

Intake Email: lwelch@lfsva.org

Where Service is Provided: On-Site

What Do They Do?

Disability accessible facility support adults who have a primary diagnosis of intellectual disabilities or developmental disability. Activities take place primarily in the facility (center-based), with community activities occurring about once a month. Additional services offered through the Bedford Regional Office are: In-Home Support Services, Family Care Home Services and Respite Services.

Who Do They Serve?

Age range: Serving ages 18 and above

Languages the staff speaks: English

Program is able to accommodate: Wheelchair, Behaviorally Impaired, Mental Health Problem, Developmentally Disabled

Service Area (Counties) Amherst County, Bedford City, Bedford County, Botetourt County, Campbell County, Pittsylvania County

Other Eligibility Requirements Individuals with intellectual disabilities or developmental disabilities.

How Much Does It Cost?

- Call for Information

Hours of Operation: Monday – Friday 8:00 AM – 4:00 PM

Accessing Services:

- Varies according to program
- Telephone referrals accepted – Call the office for more information
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Lutheran Family Services of Virginia – Foster Care

Address: 1029 G Turnpike Road, Bedford, VA 24523-1818
Phone: (540) 586-3623
Fax: (540) 586-6303
Toll Free: (800) 359-3834
Web site: www.lfsva.org

Intake Contact: Manager Amanda Collins
Intake Phone: (540) 586-3623
Intake Email: acollins@lfsva.org
Where Service is Provided: Consumer's Home

What Do They Do?

Offers a variety of services to families interested in pursuing adoption. A state licensed agency. Treatment Foster Care program provides care for children of all ages, races and cultures. Children are placed with trained foster parents in their community, attend public school in their communities, participate in community functions and live as family members where they learn to trust and develop familial bonds. Young people are given hope and the chance to heal, with the goal for them to reach their fullest potential.

Who Do They Serve?

Age range: Serving ages 22 and under
Languages the staff speaks: English
Program is able to accommodate: Wheelchair, Behaviorally Impaired
Service Area (Counties) Bedford City, Bedford County, Botetourt County, Campbell County, Franklin County, Lynchburg City, Richmond County, Roanoke City
Other Eligibility Requirements: Guardian Permission

How Much Does It Cost?

- Call for Information
 - None for client
 - Fees vary according to the service rendered.
-

Hours of Operation: Hours vary-depend on client needs.

Accessing Services

- Call the office for more information
 - Expect to be contacted within 24 hours.
-

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Narcotics Anonymous – Substance Abuse

Address: Confidential, Bedford, VA 24523

Main: (800) 777-1515

Alternate: (800) 918-0523

Web site: www.na.org

Intake Contact: Anonymous Volunteer

Intake Phone: 800 777-1515

Where Service Is Provided: On site

What Do They Do?

Support group for recovering addicts. Various meeting locations in planning districts 11 and 12. Call for meeting places/times.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford City, Bedford County

How Much Does It Cost: No Fee

Hours of Operation: Meeting times vary. Call for one in your area.

Accessing Services:

- Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? Yes

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Patrick Henry Family Services – Child Protective Services

Address: 3884 Dickerson Mill Road, Bedford, VA 24523

Phone: (434) 376-6915

Fax: (434) 376-6917

Alt Fax: (434) 376-3003

Business/Administration: (434) 376-2006

Web site: www.patrickhenry.org

Intake Contact: Patty Hammock

Intake Phone: (434) 376-6915

Where Service is Provided: On site

What Do They Do?

Our mission is to provide a continuum of services to distressed children and families that will keep families together and children safe and successful. Our program utilizes a Character Based System in an effort to transform a youth's bruised character back into one of strength and purposeful integrity. Public school is utilized as the first educational option. However, in the event a resident is unable to successfully navigate the public school environment, Patrick Henry provides other educational options to meet the child's needs. Patrick Henry is privately supported and accepts no government funding.

Who Do They Serve?

Age range: Serving ages 6 through 17

Languages the staff speaks: English

Program is able to accommodate Behaviorally Impaired

Service Area (Counties) Statewide

Other Eligibility Requirements:

- Male ages 6-17, not in need of treatment, delinquent, or emotionally disturbed
- Child must be able to adapt.

How Much Does It Cost? Call for Information

Hours of Operation: Every day; 24 hours, 7 days a week

Accessing Services:

- Written Application Required
- Expect to be contacted within 24 hours
- Consumer can self-refer
- Service provider can refer directly.

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

Tharp Funeral Home – Death/Grief Support Group

Address: 320 North Bridge Street, Bedford, VA 24523

Main: (540)586-3443

Fax: (540)586-9434

Toll Free: (800)476-3443

Web site: www.tharfuneralhome.com

Intake Contact: After Care Coordinator Kim Eckart

Intake Phone: (540) 586-3443

Intake Email: kim.eckart@tharfuneralhome.com

Where Service Is Provided On site

What Do They Do?

Support services for bereaved individuals. Support services are free of charge.

Who Do They Serve?

Age range: Call for Information

Languages the staff speaks: English

Program is able to accommodate Wheelchair

Service Area (Counties) Bedford County

Other Eligibility Requirements Loss through death.

How Much Does It Cost? No Fee

Hours of Operation: Everyday; 24 hours, 7 days a week

Accessing Services:

- Walk-in, phone
 - Expect to be contacted within 24 hours
 - Consumer can self-refer
 - Service provider can refer directly
-

Is the facility accessible to public transportation? No

Does the facility provide transportation to/from service? No

Bedford County Community Resources Directory

This Resource Guide list agencies and programs according to the service(s) that they provide. It is not all-inclusive, nor does it list all of the services that an agency may provide.

If your agency wishes to be listed in the future editions, please contact a BARC member.

Information about community resources can also be found by calling 211 or visiting 211 on the internet at <http://www.211virginia.org>

211 Virginia

2-1-1 VIRGINIA is a service of the Virginia Department of Social Services provided in partnership with the Council of Community Services, The Planning Council, the United Way of Central Virginia, and the United Way of Greater Richmond & Petersburg.

2-1-1 is an easy to remember phone number connecting people with free information on available community services. When you dial 2-1-1, a trained professional listens to your situation and suggests sources of help using one of the largest databases of health and human services in Virginia.

2-1-1 VIRGINIA provides access to services in your community and statewide. All referrals are confidential and you can search for these same services on the 2-1-1 VIRGINIA Web site (<http://www.211virginia.org>).